

Weight & Wellness

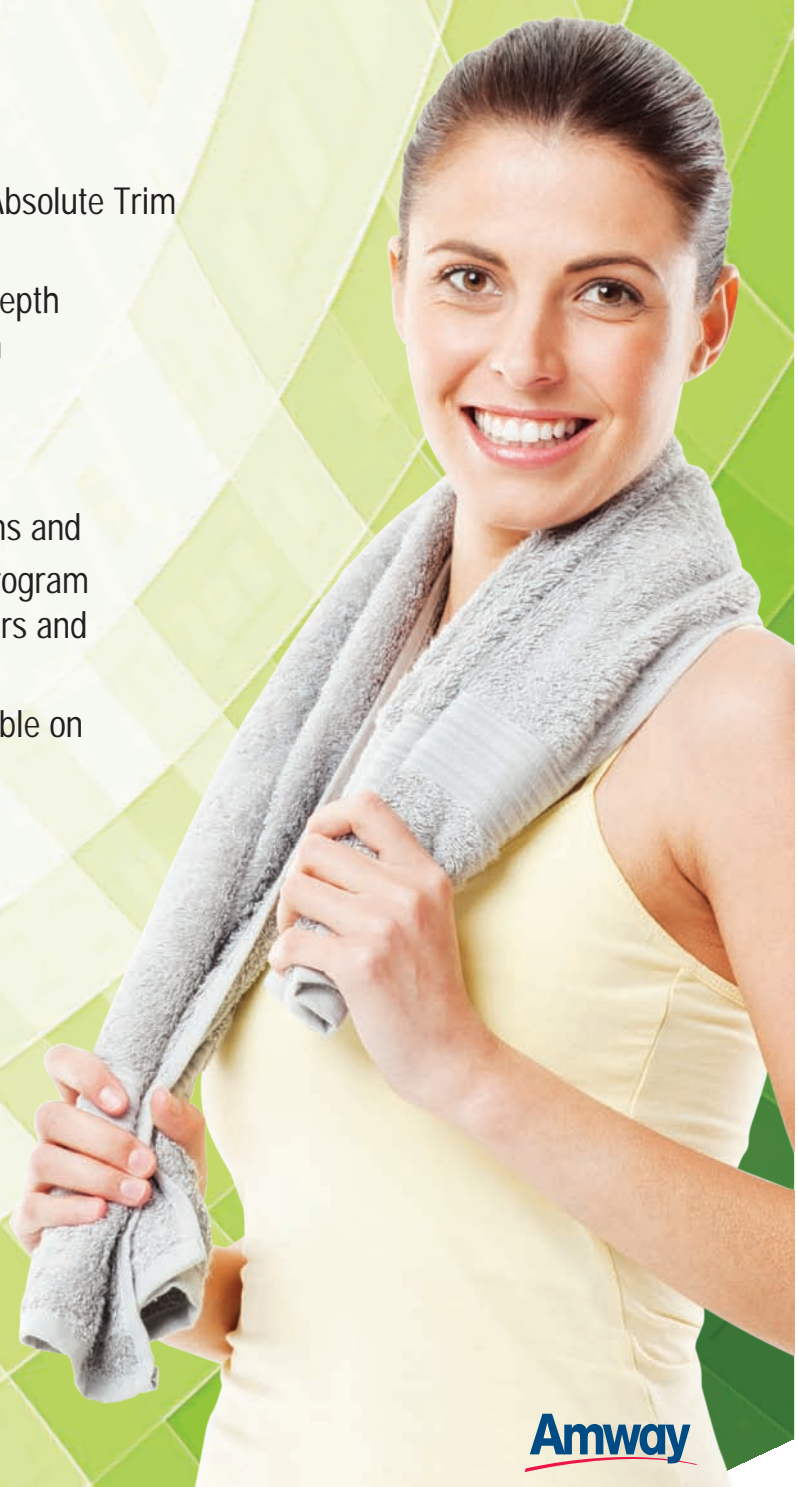
Program Training

Do you want to learn more about the Absolute Trim Body System and how to conduct a Weight Management Meeting?

These sessions are for IBO's focused on Pumping Up their NUTRIWAY Volume by engaging customers interested in weight management.

By the end of this session you will

- Understand the benefits of Optimal Health.
- Describe the results that can be achieved on the Absolute Trim body system.
- Show customers the order of use and gain an in depth understanding of the 3 steps of the ATBS program
 - Food
 - Exercise
 - Supplementation
- Properly recognise carbohydrates, fats and proteins and explain to customers how they fit into the ATBS program
- Confidently present the ATBS program to customers and address their questions and concerns.
- Have a complete understanding of the tools available on healthclub to help you achieve your goals.



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Program Training



Saturday, 3rd of August 2013	Education & Development G11/A Ground floor, 4 Milner Street ADELAIDE	1:30pm - 3:30pm
Wednesday, 4th of September 2013	Pan Pacific Perth 207 Adelaide Terrace PERTH	7:30pm - 9:30pm
Sunday, 15th of September 2013	Amway Business Centre 46 Carrington Road Castle Hill, SYDNEY	2:00pm - 4:00pm
Friday, 20th of September 2013	Amway Business Centre 3994 Pacific Highway Loganholme, BRISBANE	7:30pm - 9:30pm
Saturday, 21st of September 2013	Maroochydore RSL Club Level 1, Memorial Ave MAROOCHYDORE	12:00pm - 2:00pm
Sunday, 22nd of September 2013	Travelodge Rockhampton 86 Victoria Pde ROCKHAMPTON	2:00pm - 4:00pm
Thursday, 26th of September 2013	Amway Business Centre Units 5 & 6, Lincoln Homemakers Cnt, 64-96 Gaffney St, Coburg, MELBOURNE	7:30pm - 9:30pm

To reserve your FREE ticket go to www.amway.com.au, click on my business and go to the training page and register.



CHERYL O'NEILL

Cheryl is a Qualified Naturopath and has over 15 years experience as a Trainer. She graduated from the Australian College of Natural medicine in 2003, receiving the College Excellence Award in Nutrition. Prior to undergoing her Naturopathic studies, she completed the Certificate IV in Assessment and Workplace Training. Cheryl began with Amway when the Melbourne Business Centre opened almost 2 years ago. Helping IBO's on their journey to optimal health. She has now begun a new role with Amway as the Nutrition Trainer and will be conducting training sessions across Australia and New Zealand on the NUTRIWAY range.